

# BH-BL YOUTH WRESTLING REGISTRATION FORM

SORRY NO REFUNDS (If you sign-up after October 25, T-Shirt is not guaranteed)

Approved for Distribution  
10/8/14

Wrestler's Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Grade \_\_\_\_\_ Age \_\_\_\_\_ DOB \_\_\_\_/\_\_\_\_/\_\_\_\_ Weight \_\_\_\_\_

Years Experience \_\_\_\_\_ School \_\_\_\_\_

Parents/Guardians \_\_\_\_\_

Phone (Home) \_\_\_\_\_ Phone (Cell) Mom \_\_\_\_\_

Phone (Cell) Dad \_\_\_\_\_

E-Mail \_\_\_\_\_

(Used as a means of communication provided only if checked daily)

Emergency Contact \_\_\_\_\_ Emer. Phone \_\_\_\_\_

**PROGRAM LEVEL** (circle one) \* Ask About Family Discount

1. Spartan Kids (1<sup>st</sup> & 2<sup>nd</sup> Year Wrestlers, Gr. K – 2) \$50
2. Jr. Spartans (Intermediate Level, Gr. 2 – 6) \$75
3. Spartan Elite (Experienced Level, Gr. 2 - 6) \$150

**T-SHIRT** (Samples Available For Sizing At Sign-Ups)

\*\* T-Shirt Size Filled Out By Club Official

\*\* T-Shirt Size \_\_\_\_\_

## MEDICAL INFO.

Please List Any Medications / Med. Conditions / Allergies

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## PARENTAL HOLD HARMLESS STATEMENT

I am fully aware that BH-BL Youth Wrestling engages in intense physical activity such as live wrestling, running, and calisthenics. I understand that there is an inherent risk associated with these activities and I permit my child to participate in these activities without restriction. I agree to hold BH-BL Youth Wrestling harmless for any accidents-medical or dental- or any other expenses incurred as a result of my child's participation with the team. I also agree to authorize the instructors to act accordingly to their best judgement in any emergency requiring medical attention.

PARENT/GUARDIAN SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_



# BH-BL YOUTH WRESTLING SIGN-UPS

2014 - 2015



## 2014 SEC. 2 CHAMPIONS

# ... A Tradition Of Excellence

## YOUTH WRESTLING – 3 LEVELS

ALL PRACTICES HELD AT BH-BL HIGH SCHOOL WRESTLING ROOM

### 1. **SPARTAN KIDS** GR. K-2 (1<sup>st</sup> & 2<sup>nd</sup> Year Wrestlers)

This program is an introductory program for young wrestlers who want to learn the basic techniques involved in the sport of wrestling. It is designed around the principals of sound wrestling techniques, fitness, sportsmanship, and most importantly fun!

**Practices:** 1x a week for 10 weeks \* Mondays, 6 - 7 pm  
\* Starts Monday, Nov. 24

**Please Bring:** Water Bottle, T-Shirt, Shorts, Wr. Shoes

**Cost:** \$ 50 (Family Discount - \$20 % off – lesser or equal value)

Includes t-shirt, insurance, usage fees, end of year pizza party, and awards presented at the **Youth Banquet on Thursday, February 12 in the HS Cafeteria**. We will also be involved with the Suburban Council Youth Challenge Nights (more info. later).

### 2. **JR. SPARTANS** GR. 2-6 (Intermediate Level)

This program will build upon the previous level, and focus on improving the fundamentals. In addition, tactics and strategies will be taught to strengthen your success on the mat. We will sharpen your skills, improve fitness, re-enforce good sportsmanship, and most importantly, have fun while enjoying the sport of wrestling.

**Practices:** 2x a week for 10 weeks \* Mondays 7 – 8:15 pm,  
\* Starts Monday, Nov. 24 & Wednesdays 6:15 – 7:45 pm

**Please Bring:** Water Bottle, T-Shirt, Shorts, Wr. Shoes

**Cost:** \$ 75 (Family Discount - \$20 % off – lesser or equal value)

Includes t-shirt, insurance, usage fees, end of year pizza party, and awards presented at the **Youth Banquet on Thursday, February 12 in the HS Cafeteria**. We will also be involved with the Suburban Council Youth Challenge Nights (more info. later).

### 3. **SPARTAN ELITE TEAM** GR. 2-6 (Experienced)

This is an advanced level program for the experienced youth wrestler. Practices will mirror training techniques and philosophies of that of the Varsity level athlete along with a tournament schedule.

**\*\* TEAM IS LIMITED TO 24 PARTICIPANTS.**

**Requirements:** Grades 2-6 with minimum of 2 years experience

**Practices:** 2x a week for 13 week \* Tues. & Thurs. 6:15 – 7:45 pm  
\* Starts Tuesday, November 4

**Practice Time:** 6:30 - 8 pm

**Cost:** \$ 150 (Family Discount – 20 % off – lesser or equal value)

Includes **BURNT HILLS WRESTLING SINGLET**, t-shirt, insurance, usage fees, end of year pizza party, and awards presented at the **Youth Banquet on Thursday, February 12 in the HS Cafeteria**. We will also be involved with the Suburban Council Youth Challenge Nights (more info. later).

## SIGN-UP INFORMATION

**WHO:** Students in Grades K-6

**WHERE:** High School Café - Lower Lobby

**WHEN:** 1. THURS. OCT. 23, 6 – 8 pm

2. SAT. OCT. 25, 10 am – 12 n

MAKE CHECKS PAYABLE TO:

**BH-BL WRESTLING BOOSTER CLUB**

Questions / Contacts:

Rick Martinez – Youth Coach 514-8684 C; Rickmart61@hotmail.com

Steve Jones – Varsity Coach 573-8625 C; sjones@bhbl.org

**REGISTRATION ON BACK →**